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Dr. Normand Miller, the Medical Director at the Aesthetic & Vein Center MD, received his M.D. from Laval University in Quebec City, Canada. After a surgical residency at McGill University in Montreal, he completed a two year fellowship in Vascular Surgery at Englewood Hospital, New Jersey.

Over the last few years, Dr. Miller concentrated his expertise on the treatment of vein disease and focused on the expanding field of Aesthetic Medicine. He is a member of the American Academy of Cosmetic Physicians, the American Society for Laser Medicine and Surgery and the American College of Phlebology. Dr. Miller is also a Fellow of the American College of Surgeons and is Board Certified in Vascular Surgery.

**Many Options for Wrinkle Reduction**



Wrinkles are a tell-tale sign of age – but they don't have to be. The Aesthetic & Vein Center MD offers a variety of immediate solutions to quickly and easily smooth away facial lines and folds, including Botox Cosmetic, dermal fillers and laser treatment.

FDA-approved to reduce facial lines and wrinkles, Botox Cosmetic is a neuromodulator used to soften dynamic lines. These are wrinkles that form in areas where the muscles expand and contract, such as the browline. Once injected into the muscle, Botox blocks the release of the chemical transmitter acetylcholine, gently putting the muscle to rest and preventing the formation of dynamic wrinkles in this area.

Dermal fillers are used to smooth away static wrinkles. These wrinkles are already etched into the skin, without any muscle action. FDA approved fillers like Restylane, Perlane, Juvederm and Radiesse augment the body's own collagen, plumping the wrinkle so it disappears. Restylane and Juvederm can also be used to enhance the smile, making thin lips appear fuller and more sensuous. Radiesse and Perlane give lasting results in restoring the contour of your cheek bones.

Treatment with Botox takes just minutes and with fillers, less than 1 hour. Results with Botox appear within 3 to 4 days and usually last 3 to 4 months. With fillers, results are immediate and last for months. Juvederm, in fact, has been shown to last up to one year and Radiesse may last for up to 18 months.

For more comprehensive results, Fraxel re:store®, a fractional skin resurfacing laser technology, and Laser Genesis can soften fine lines & wrinkles, minimize pore size, smooth skin tone & texture and fade acne scars. They can also help rebuild collagen to firm the skin. In addition, Fraxel re:store will have a dramatic impact on undesirable pigmentation. A series of treatments is recommended for optimal results.

***Special! Thru October 31, save \$250 on two syringes of Radiesse Facial Filler! Also check out our special Filler and Botox Day on October 23rd!***

***To ask us a question about treatment or to schedule a consultation, please call our office at 877-902-FACE (3223).***

As part of his commitment to providing the best possible care for his patients, Dr. Miller first mastered the technique of skin laser. He then spent time with Dr. McQuillan of The Ageless Aesthetic Institute for the use of Botox and dermal fillers, and with Dr. Roman Chubaty of the International Mesotherapy Lipotherapy Society for LipoDissolve.



In order to optimize his results in the art of Body Shaping, Dr. Miller originally trained under Dr. Jeffrey Klein, the inventor of Tumescent Liposuction Totally by Local Anesthesia, and then under Drs. SantAntonio and McQuillan of the SA Body Sculpture Institute. More recently, Dr. Miller has invested his energy in Laser Assisted Lipolysis, using the most sophisticated technology of SmartLipo MPX. For that purpose, he trained with two of the plastic surgeons who have the most experience with SmartLipo in North America, Dr Mulholland from Toronto, Canada, and Dr Theodorou from New York.

## SmartLipo Laser Assisted Liposuction Creates Permanent Curves

After more than 10 years as America's most popular surgical beauty fix, liposuction remains the only tried and true method to permanently reshape the body. The technique is considered permanent, because the fat cells that are removed can never re-grow.



Results are especially good for those who have tried dieting and exercise but are still unable to lose the last few pounds. In these cases, liposuction can be used to smooth the tummy, thighs and love handles. Liposuction can also be used, though, to reshape smaller areas like the chin, knees and neck. This can provide more definition to these areas, creating a leaner and more graceful silhouette.

Because SmartLipo™ is a minimally invasive treatment, it has become the preferred method for melting fat around the country. Dr. Miller now offers this revolutionary treatment, which literally melts away fat in trouble spots such as your abdomen, thighs, arms and neck. It may also be used to create a "tightening effect" on the skin (skin contraction). This tightening effect is particularly remarkable for the neck area.

Depending on the body site, the amount of fat to remove and the laxity of your skin, Dr. Miller will determine whether you would be best treated by SmartLipo™ (laser assisted lipolysis), PureLipo (Body Sculpture with microcannulas) or a combination of these two techniques. Both techniques are always performed under simple local anesthesia (tumescent technique)- enhancing patient safety and reducing the likelihood of side effects.

The tumescent technique uses large volumes of a diluted solution of lidocaine (a numbing agent), and epinephrine (a drug which temporarily shrinks capillaries and blood flow), gently injected into the targeted pockets of fat to numb the area. This fluid then loosens the fat and shrinks the blood vessels for minimal bleeding and bruising. It also allows very small cannulas to be used, permitting a more delicate approach. Since these microcannulas can be gently glided into the fatty tissue, the surgeon can better control their direction and position. This, in turn, leads to smoother results since there is a reduced chance of coming too close to the undersurface of the skin, which would cause irregularities. It also enables the usage of very tiny incisions that heal quickly and disappear over time.

As Medical Director of the Aesthetic and Vein Center MD, Dr. Miller is always available on the premises.

He is supported by caring and knowledgeable staff, including a team of Aestheticians and Nurses, who all have an extensive background experience in their respective fields.

## CareCredit®

Aesthetic & Vein Center MD offers CareCredit, a card designed specifically for your health and beauty needs. With convenient monthly payment options, no up-front costs, no prepayment penalties and no annual fees, you can get your procedure sooner.

CareCredit works just like a credit card, but is exclusive for healthcare services. With low monthly payments, you can use your card over and over for follow-up appointments or different procedures. This means you don't have to put your health and beauty needs on hold until you save up enough money.

### ***With CareCredit, you can:***

***Enjoy low minimum monthly payments***

***Get No Interest financing if paid within 6 months or fixed, low interest financing for up to 60 months (Additional plans may be available)***

***Pay no up-front costs, pre-payment penalties or annual fees***

***For more details, or to apply, please call our office at 877-902-FACE (3223)***

## SmartLipo Laser Assisted Liposuction (Cont'd)

The SmartLipo™ laser-assisted lipolysis system is a highly efficacious solution for destroying and permanently eliminating fat cells. A laser fiber is inserted through small incisions, delivering energy directly to subcutaneous fat cells- causing them to rupture. This energy also heats the tissue, thus inducing collagen retraction and tissue tightening. The laser causes small blood vessels to coagulate immediately—resulting in less bleeding, swelling and bruising than conventional liposuction, for faster healing and recovery.

***Special! Thru October 31, receive 30% off SmartLipo™! This includes a series of 6 Velashape treatments after the procedure.***

***To ask us a question about SmartLipo™ or to schedule a consultation, please call our office at 877-902-FACE (3223).***

## Velashape Restores Your Pre-Baby Body



Now it's easy to reshape your body with a non-surgical solution for circumferential reduction!

Launched in August 2007, the Velashape has FDA clearance for the temporary reduction of cellulite and thigh circumference.

Velashape features the revolutionary elōs technology, a combination of bipolar radiofrequency (RF), infrared light energy, plus vacuum and mechanical massage. When used in body treatments, the unique combination of these energies raises the metabolism of stored energy, increases lymphatic drainage and

reduces the size of fat cells and fat chambers. The net result is circumferential reduction, with noticeable reshaping of the treated area.

In a multi-center clinical study, 85% of treated areas responded positively, with reported circumferential reduction on the thighs of at least 1/2 inch, ranging up to 2 1/2 inches in reduction in a few cases. A significant improvement in the appearance of cellulite was also noticed in most patients.

## Velashape (Cont'd)

Velashape treatments are safe, effective, virtually painless and require no downtime - patients can return to daily activities immediately following treatment. Start your Velashape treatment today to contour your body and improve the appearance of cellulite. After a series of six weekly treatments taking about 20 minutes each, most people see visible results.

**Special! Thru October 31, save 40% on Velashape treatment!**

**To ask us a question about treatment, or to schedule your consultation, please call us at 877-902-FACE (3223).**

## Breakthrough Skin Care Technology: ELASTIderm

All skin care products aren't created equal!

Most use moisturizers to temporarily reduce the appearance of fine lines, with little to no improvement in the skin's underlying condition. ELASTIderm, which was introduced by Obagi in 2007, utilizes a unique technology to boost the skin's ability to produce elastin, thereby providing a lasting solution to wrinkles.

ELASTIderm is formulated using Obagi's patented Penetrating Therapeutics technology, which allows the product's active ingredients to more completely penetrate the skin barrier. ELASTIderm then works to replenish and cross link elastin, thereby supporting the production of new collagen. This leads to increased skin elasticity and fewer wrinkles.

In a clinical study conducted by Obagi, participants experienced a 46% increase in skin elasticity after nine weeks of using the product, as well as a 16% reduction in visible wrinkles. Seventy-one percent of study subjects said they experienced better results with ELASTIderm than with other products. Another study published in October 2008 found that ELASTIderm actually regenerates elastic skin fibers around the eyes. ELASTIderm has been shown to be effective on the face, as well as the decollete. It also enhances Botox treatment for crows feet.

ELASTIderm is available in either a cream or gel formula, and can be applied in the morning and at night. It is only available in physician's offices.

**Special! Thru October 31, receive a 20% discount on your next facial with your purchase of Obagi ELASTIderm! To ask us a question or to purchase, call us at 877-902-FACE (3223).**



**OCTOBER SPECIALS**

- \$250 Savings - Radiesse
- 30% Off Hair Removal
- 40% Off Velashape
- 30% Off SmartLipo
- Skin Care Product of the month promo

**ONE DAY SPECIAL**

**"BOTOX & FILLER"**

Saturday, Oct. 23rd

Call for your appointment!

- **\$250 savings** on 2 syringes of Radiesse® Facial Filler - See immediate results in restoring the contour of your cheek bones and in correcting moderate to severe wrinkles and folds
- **30% Discount** on any Laser Hair Removal Packages
- Skin Product of the Month - Obagi Elastiderm Eye Treatment Improve the appearance of fine lines and wrinkles with this medical-grade skin product and receive a **20% Discount** on your next Facial with your purchase.
- **40% Discount** on Velashape™ Cellulite treatment - Contour, shape, and slim your body by improving cellulite and reducing circumference in a package of six treatments.
- **30% Off SmartLipo™** (includes a series of 6 Velashape™ treatment after the procedure) - A minimally invasive and permanent method to remove unwanted collections of fat.

**JOIN US!** Saturday, October 23rd  
**ONE DAY SPECIAL EVENT**

**Botox® & Filler Discounts** Call for your appointment today!

- BOTOX® - **\$100 discount** on a purchase of 25 units or more
- Restylane® or Perlane® Filler- **15% discount**, combined with \$75 mail-in rebate for 1 syringe of Perlane®
- **\$100** mail-in rebate for 2 syringes of Restylane®

Call us now!

603-898-3461 or 1-877-902-FACE