

**Dec. 2011 / In this Issue:**

**Look Great This Holiday!**

**Microdermabrasion**

**Erase Wrinkles**

**Rosacea**

**SmartLipo**

**December Specials**



Dr. Normand Miller received his M.D. from Laval University in Quebec City, Canada. After a surgical residency at McGill University in Montreal, he completed a two year fellowship in Vascular Surgery at Englewood Hospital, New Jersey. He is a Fellow of the American College of Surgeons. He is Board Certified in Vascular Surgery.

Over the last few years, he concentrated his expertise on the treatment of vein disease and focused on the expanding field of Aesthetic Medicine.

**It's Not Too Late to Look Great for That Special Holiday Event!**

Are you excited about the holidays, or are you worried about looking your best during all the festivities?

Modern technology has the solution... Two procedures that complement each other will quickly erase a few years from your appearance.

FDA approved to reduce facial lines and wrinkles, Botox Cosmetic is particularly valuable for treating vertical lines between the eyebrows, the smile lines (crow's feet) and the forehead lines. It provides a rested, natural look.



Dermal fillers like Restylane and Juvederm are then used to correct moderate to severe folds such as the nasolabial folds and the marionette lines. They can also enhance the smile, making thin lips appear fuller and more sensuous. Radiesse, another facial filler, is an excellent product for re-contouring the face, such as restoring the shape of your cheeks.

Treatment with Botox takes less than 15 minutes and the results appear in 4 to 7 days. With fillers, the results are immediate and the treatment takes approximately 30 minutes.

If you're wondering which product would be best for you, please come visit us! During your consultation, we'll explain where each product works best and recommend a treatment program specially designed for you.

***To ask us a question about treatment or to schedule a consultation, please call our office at 877-902-FACE (3223).***

He is a member of the National Society of Cosmetic Physicians, the American Society for Laser Medicine and Surgery and of the American College of Phlebology. He was also recently certified by the American Board of Laser Surgery.

As part of his commitment to providing the best possible care for his patients, he first mastered the technique of skin laser. He then spent time with Dr. McQuillan of The Ageless Aesthetic Institute for the use of Botox and dermal fillers, and with Dr. Roman Chubaty of the International Mesotherapy Lipotherapy Society for LipoDissolve.

In order to optimize his results in the art of Body Shaping, he originally trained under Dr. Jeffrey Klein, the inventor of Tumescent Liposuction Totally by Local Anesthesia. More recently he invested his energy in Laser Assisted Lipolysis, using the most sophisticated technology of SmartLipo MPX. For that purpose, he trained with two of the plastic surgeons who have the most experience with SmartLipo in North America, Dr. Mulholland from Toronto, Canada, and Dr Theodorou from New York.

As Medical Director of the Aesthetic & Vein Center MD, Dr. Miller is always available on the premises. He is supported by caring and knowledgeable staff, including a team of Nurses and Aestheticians, who all have an extensive background experience in their respective fields. They will meet with you in a private setting, allowing you to feel comfortable as you take advantage of the many cosmetic enhancement treatments that are offered.

## Stay Wrinkle-Free - and Save!

As an incentive for users of Botox Cosmetic and Juvederm to maintain smooth, wrinkle-free results, the manufacturer of those products offers special savings in the form of rewards programs.

Patients receive exclusive offers and invitations when they join the Brilliant Distinctions program offered by the product's manufacturer, Allergan.

Shortly after Botox is injected, it begins blocking nerve transmission to specific muscles, putting those muscles to rest. That causes overlying wrinkles to soften and often disappear. The effects of Botox last approximately 3 months. One of the greatest benefits of Botox treatment is that there is no downtime. Patients can go back to their normal routine immediately.

FDA approved Juvederm is a gel containing hyaluronic acid, a naturally occurring substance in the skin that helps to add volume and hydration. This reduces the appearance of wrinkles, particularly around the nose and mouth. It is gently placed under the skin to provide a smooth, natural look and feel - so everyone will notice (but no one will know)! Juvederm is a very popular filler, particularly for lip enhancement.

***To learn more about the Brilliant Distinctions program, ask us a question about Botox or Juvederm, or to schedule an appointment, please call our office at 877-902-FACE (3223).***

## Getting the Red Out: New Help for Rosacea

Persistent redness of the skin affects nearly 10 million Americans, mainly women between the ages of 30 and 50. Rosacea is believed to be hereditary, but can worsen with exposure to various triggers including extreme temperatures, sunlight, stress, as well as certain medications and foods.

Rosacea is embarrassing – in a recent study by the National Rosacea Society, 74% of respondents said they cancel social events during flare-ups.

In years past, there was little help for those with skin redness. Medications provide a limited benefit, but most Rosacea sufferers rely upon covering their skin with layers of heavy makeup.



# **BOTOX SPECIAL EVENT**

**One Day Only!**

**Saturday, December 10th,  
2011**

**\$100 Off on purchase of 25  
units or more**

**\$1.50/unit Off on purchase of  
40 units or more**

**50% Off a DermaSweep  
Microdermabrasion  
(Redeemable up to one month  
after your Botox treatment)**



## **Rosacea (Cont'd)**

New technology, however, now offers a way to permanently reduce redness.

Aesthetic & Vein Center MD uses two devices, the LimeLight intense pulsed light (IPL) system and the Laser Genesis Nd:YAG laser, to target the tiny blood vessels near the surface of the skin. Both technologies selectively heat these vessels, destroying malfunctioning capillaries so that blood flow will be directed to the deeper blood vessels, where it belongs.

Treatment is safe, fast and gentle, taking approximately 30 minutes. After just 2 or 3 sessions, and sometimes after a single treatment, the appearance can be dramatically improved.

***To ask us a question about treatment or to schedule a consultation, please call our office at 877-902-FACE (3223).***

## **SmartLipo: The Smart New Way to Sculpt the Body**

Until recently, there was no quick and effective way to sculpt the body. Older technologies like liposuction and bariatric surgery could address relatively large deposits of fat, and conventional plastic surgery could reshape smaller areas, but there was no way to refine the body's contours in a way that didn't require weeks of healing.

That changed with the development of SmartLipo, a laser system that was designed specifically to redefine small areas like love handles, saddle bags, inner and outer thighs and the abdomen. A fine laser fiber is glided back and forth under the skin. The delivered energy liquefies the fat cells, which are then gently aspirated through small cannulas. By permanently removing fat cells in the treated area, any weight gained in the future is typically put on in different areas.

One needs a single treatment per area to achieve the desired results. Because the SmartLipo treatment is gentle compared with traditional liposuction, most people experience less swelling and/or bruising. The procedure is done simply under local anesthesia... no need for general anesthesia or heavy sedation.



***To learn more about our body contouring services, please visit our [AestheticBodyShaping.com](http://AestheticBodyShaping.com) website.***

## December Specials

**SmartLipo ~ 30% Discount.** A minimally invasive permanent method to remove unwanted collections of fat for the abdomen, waist, thighs, arms or neck. Done under local anesthesia with minimal downtime and quick recovery. ~ Call us today to schedule your consultation.

**Laser Hair Removal ~ 30% OFF a package of six treatments.**

Featuring permanent hair reduction packages for the chest, back, arms, underarms, bikini and legs.

**Botox Cosmetic ~ Receive a free DermaSweep** (with minimum of 25 units of Botox), in addition to a \$50 rebate through the Brilliant Distinctions program. Benefit from reducing or eliminating facial wrinkles with Botox Cosmetic and improve the overall look and feel of your skin with a DermaSweep. **(Value of \$95) \* Special does not apply on December 10th, 2011.**

**Gift Certificates ~ 20% OFF.** Give the gift of beautiful skin. **Receive 20% off a Gift Certificate of \$100 or more.** Purchase a gift for a loved one or treat yourself to one of our aesthetic services. *(Can't be combined with any other special).*

**Product of the Month ~ 20% OFF all Skin Care Products.** Let your skin glow this holiday season. Enjoy 20% off all Nia products and our Obagi medical grade skin care products. Our Aestheticians will work with you to personalize a skin care program that is just right for you.

## CareCredit®

Aesthetic & Vein Center MD offers CareCredit, a card designed specifically for your health and beauty needs. With convenient monthly payment options, no up-front costs, no prepayment penalties and no annual fees, you can get your procedure sooner.

CareCredit works just like a credit card, but is exclusive for healthcare services. With low monthly payments, you can use your card over and over for follow-up appointments or different procedures. This means you don't have to put your health and beauty needs on hold until you save up enough money.

***With CareCredit, you can:***

***Enjoy low minimum monthly payments***

***Get No Interest financing if paid within 6 months or fixed, low interest financing for up to 60 months (Additional plans may be available)***

***Pay no up-front costs, pre-payment penalties or annual fees***

***For more details, or to apply, please contact our office at:***

224 Main Street, Suite 1-D  
Salem, NH 03079  
(603) 898-3461 or 877-902-FACE (3223)

